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AMENDMENTS TO THE CLAIMS:

Listing of Claims:

Claims 1-25 cancelled.

26. (Previously presented) A method for positioning a hanging device into an object hanging position, the hanging device having a push plate having a salient thereon, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate, the method comprising:

inserting a lance of a hanging device into a wall by pressing on a push plate;

rotating, by exerting a rotational force, the lance of the hanging device until a hanger is positioned to receive an object, the hanging device thereby achieving an object hanging position.

- 27. (Previously presented) The method of Claim 1 wherein at least one of the inserting and rotating steps are accomplished without the use of a mechanical tool.
- 28. (Previously presented) The method of Claim 1 further comprising providing a hanging device having a push plate, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate;
- 29. (Previously presented) The method of Claim 1 further comprising biasing the barb against the wall such that the lance is not removable from the wall without further rotation of the lance such that the barb is in alignment with a lance aperture.
- 30. (Previously presented) The method of Claim 1 wherein, in the rotating step, the hanging device is rotated substantially 90 degrees.
- 31. (Previously presented) A method for positioning a hanging device into an object hanging position, the method comprising:

providing a hanging device having a push plate, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate;

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inserting the lance of the hanging device into a wall in a device insertion position by pressing on a push plate; and

rotating, by exerting a rotational force on at least one of the push plate, the hanger or a salient, the lance of the hanging device from the device insertion position until the hanger is positioned to receive an object, the hanging device thereby achieving an object hanging position.

- 32. (Previously presented) The method of Claim 6 wherein at least one of the inserting and rotating steps is accomplished without the use of a mechanical tool.
- 33. (Previously presented) The method of Claim 6 further comprising biasing the barb against the wall such that the lance is not removable from the wall without further rotation of the lance such that the barb is in alignment with the lance aperture.
- 34. (Previously presented) The method of Claim 6 wherein, in the rotating step, the hanging device is rotated substantially 90 degrees.
- 35. (Previously presented) The method of Claim 6 wherein the providing step further comprises stamping at least one of the push plate, the lance and the barb.
- 36. (Previously presented) The method of Claim 10 wherein the providing step is further comprises at least one of bending and cutting at least one of the push plate, the lance and the barb.
- 37. (Previously presented) A method for positioning a hanging device into an object hanging position, the hanging device having a push plate having a salient thereon, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate, the method comprising:

inserting a lance of a hanging device into a wall by pressing on a push plate until the lance passes through the wall and the barb clears the wall, creating a lance aperture in the wall;

rotating, by exerting a force on at least one of the push plate, a hanger or a salient, the lance of the hanging device until the hanger is positioned to receive an object and until the barb rotating with the lance at least clears the lance aperture, the hanging device thereby

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achieving an object hanging position when the hanger is positioned to receive the object and the lance is clear of the lance aperture; and

biasing the barb against the wall such that the lance is not removable from the wall without further rotation of the at least one of the push plate, the hanger or the salient such that the barb is in alignment with the lance aperture.

- 38. (Previously presented) The method of Claim 37 wherein at least one of the inserting, rotating and biasing steps is accomplished without the use of a mechanical tool.
- 39. (Previously presented) The method of Claim 37 wherein, in the rotating step, the hanging device is rotated substantially 90 degrees.
- 40. (Previously presented) The method of Claim 37 wherein the providing step further comprises stamping at least one of the push plate, the lance and the barb.
- 41. (New) A method for positioning a unitary hanging device into an object hanging position, the hanging device having a push plate having a salient thereon, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate, the method comprising:

inserting a lance of a unitary hanging device into a wall by pressing on a push plate;

rotating, by exerting a rotational force, the lance of the unitary hanging device until a hanger is positioned to receive an object, the hanging device thereby achieving an object hanging position.

- 42. (New) The method of Claim 41 wherein the rotating of the unitary hanging device occurs in a plane parallel to the wall.
- 43. (New) A method for positioning a unitary hanging device into an object hanging position, the hanging device having a push plate having a salient thereon, a lance projecting from the push plate, the lance having a barb adjacent a distal end, the barb including a barb surface, and a hanger extending and projecting from the push plate, the method comprising:

inserting a lance of a unitary hanging device into a wall by pressing on a push plate until the lance passes through the wall and the barb clears the wall, creating a lance aperture in the wall;

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rotating, by exerting a force on at least one of the push plate, a hanger or a salient, the lance of the unitary hanging device until the hanger is positioned to receive an object and until the barb rotating with the lance at least clears the lance aperture, the hanging device thereby achieving an object hanging position when the hanger is positioned to receive the object and the lance is clear of the lance aperture; and

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biasing the barb against the wall such that the lance is not removable from the wall without further rotation of the at least one of the push plate, the hanger or the salient such that the barb is in alignment with the lance aperture.

44. (New) The method of Claim 43 wherein the rotating of the unitary hanging device occurs in a plane parallel to the wall.